

FULL DAY SPECIALIZED ACTIVITIES (9:00-4:00)

Camping/Hiking Week

Come and have a blast camping and hiking in NH's scenic surroundings. Campers will plan day hikes from a centralized camping location. This adventure will take campers away from home for a week and give them a chance to create memories of a lifetime.

SENIORS ONLY	5 days M-F and 4 nights M-TH (returning Friday)	MIN: 6 MAX: 14
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Field Trips

An old Camp Shaker Favorite, trips to "Grammy's camp" are back this summer. These days will be dedicated to getting off campus and spending a relaxing, fun in the sun day on Lake Winnisquam in Belmont NH. While at Grammy's camp, campers will swim, kayak and play games in the field. Be sure to pack snacks, plenty to drink, a lunch, bathing suit, and sunscreen. *NOTE: Campers participating in a specialty camp during the week of the designated field trip day will not be able to go to Grammy's camp. Campers will only be allowed to sign up for one field trip day at a time but can be placed on a waiting list for a second trip if space is available.*

Rookies	Tues-7/6 or Wed-7/28	MIN: 15 MAX: 25
Juniors	Wed-7/14 or Tues-8/3	MIN: 15 MAX: 25
Seniors	Wed-6/30 or Tues-7/20	MIN: 15 MAX: 25

Fishing Week

All you need is a love of fishing for this week! We will be headed to a variety of fishing hot spots including lakes, rivers and ponds in search of the "big one." Please come equipped with a fishing rod and tackle box and we will take care of the rest. Be sure to pack sunscreen, a lunch, a water bottle, and a hat.

SENIORS ONLY	5 days M-F	MIN: 6 MAX: 12
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Paddling

It's time to increase those navigational skills with a week of gliding on some of the most beautiful water in New Hampshire! Campers will enjoy this flat water adventure along portions of the Merrimack River and Lake Winnisquam while experiencing some of NH's wilderness such as Blue Herons, trout, and turtles. Campers will learn basic paddling technique and water safety and will use these skills to maneuver their sit-on-top kayaks. Beginners to more seasoned paddlers are welcome. Please pack sunscreen, water-shoes, a water bottle, and a hat.

JR, SR	5 full days	MIN: 6 MAX: 12
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Xtreme Week

Xtreme week is designed for those campers interested in "extreme activities" guaranteed to jump start their adrenalin levels. Campers will participate in activities like surfing with the Summer Session Surf Shop and bouncing on the bungee trampoline at Loon and more.

SENIORS ONLY	5 Days M,W,F (rain/alt activity days T,TH)	MIN: 6 MAX: 12
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HALF DAY SPECIALIZED ACTIVITIES (9:00-12:00)

'Beach' Volleyball

The 'beach' volleyball court at Camp Shaker won't be the same after this week. We will spice it up with music and fun for a week of 'beach' volleyball. Come and have fun playing everything from 2v2 to 10v10 in the sand. Nothing but bare feet and water bottles are needed!

JR, SR	5 half days	MIN: 10	MAX: 20
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Ceramics

Campers will be introduced to the art of ceramics in this week long course. Rookie campers will learn different hand building techniques such as coil, slab, and pinch. Junior and Seniors will have the opportunity to work on the potter's wheel as well as develop skills in trimming, handles, covers and embellishments. Glazing will be done two weeks later during an afternoon activity block in Classic Camp.

RK, JR, SR	5 half days	MIN: 5	MAX: 8
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Cheerleading

Let's get fired up! Campers will have a great time making friends and having fun during this week of cheer camp! Campers will learn new chants, cheers, and stunts as they make their spirits come alive!

RK, JR, SR	5 half days	MIN: 6	MAX: 20
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Cooking

If you want to be the next Top Chef then join our cooks in the kitchen to cook up some fun! Campers will spend the day creating scrumptious summertime treats. At the end of the week, they will be able to take home a collection of kid friendly recipes!

RK, JR, SR	5 half days	MIN: 6	MAX: 15
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Dance

The following weeks of dance will provide dancers an opportunity to strengthen their skills in a fun and relaxed environment. Small class sizes focus on the fundamentals of tap, jazz, hip-hop and other dance moves. At the end of each week, students will perform for parents and other campers in a show that is sure to wow the crowd!

Hip-Hop

RK	5 half days	MIN: 6	MAX: 20
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Tap and Jazz

RK, JR, SR	5 half days	MIN: 6	MAX: 20
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Digital Photo

Say Cheese! Campers will enjoy learning more about photography during this week. They will be introduced to three aspect of photography, including camera basics, composition, and exposure. By the end of the week, campers will have a different perspective on picture taking. Campers will need to bring a digital camera.

SR	5 half days	MIN: 6	MAX: 15
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Drama

This summer, enjoy the magic of theatre in drama camp. Campers will have the opportunity to participate in a performance for the purpose of developing talent, self-confidence, creativity, imagination, and teamwork. Campers will also be working on the set design and costumes for the performance.

RK, JR	5 half days	MIN: 10	MAX: 20
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Flag Football

Are you ready for some footbaaaaaall? Campers will experience the benefits of team work as well as have a good time playing this non-contact sport. Teams will develop genuine strategies and plays to out-maneuver the opposition. Scrimmages and games will be played throughout the week culminating in a tournament you won't want to miss. Please pack sunscreen, a water bottle, and sneakers.

JR, SR	5 half days	MIN: 10	MAX: 20
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Frisbee

Join this fast-paced team sport using nothing but a flying disc and cunning skills! It's the "ultimate" in developing offensive and defensive strategies as well as learning how to be part of a team. Campers will enjoy learning more technical throws such as forehand, backhand, and the "hammer" as they race up and down the field in this growing sport. Please pack sunscreen, a water bottle, and sneakers.

JR, SR	5 half days	MIN: 10	MAX: 20
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Gaming

Who's got game?! This week is dedicated to those who want a week out of the sun and love the fine art of video games. Campers will have a blast in a week of friendly competition on a variety of game systems.

RK, JR, SR	5 half days	MIN: 6	MAX: 10
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Golf

FORE! Come learn to play golf and have fun with a week of golfing. Campers will practice their long and short game skills here at the Shaker Road Links. If you have clubs you can bring them otherwise we have some you can borrow. Seniors and juniors will travel to a driving range and hit 18 holes at a local golf course.

RK	5 half days	MIN: 6	MAX: 16
JR, SR	4 half days, 1 full day off campus at golf course	MIN: 6	MAX: 10

Lacrosse

Lacrosse camps will be broken down into groups based on age and gender with the exception of the Rookies which will be held as a coed camp. Each camp will focus on lacrosse skills appropriate to the age and gender of the participants. Campers will have fun learning to play the game of lacrosse or benefit from additional instruction to improve the skills they already have. Junior and Senior girl participants should come prepared with a lacrosse stick, eye goggles, mouth guard and water bottle. Junior and Senior boy participants should come prepared with a lacrosse stick, pads, helmet and water bottle. Rookie participants will only need a water bottle and may bring a stick if they have one.

RK, JR, SR	5 half days	MIN: 10 MAX: 30
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Multi-Sport

If you think variety is the spice of life, then this is a week you won't want to miss. Designed for diverse athletes with a healthy taste for competition, Multi-Sport week offers a variety of games that will hone the agility and strength of any camper. Sports such as street hockey, basketball, and dodgeball will be just some of the highlights this week.

RK, JR, SR	5 half days	MIN: 10 MAX: 20
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Nature

For campers that love the outdoors and learning more about the local flora, this camp is for you! Campers will take walks around our campus and our river site as well as make a one of a kind nature craft during this week of nature study.

RK, JR	5 half days	MIN: 5 MAX: 12
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Robotics

If you have a Lego lover at home, this week is a perfect choice! Campers will have a blast building Lego robots and learning how to program them to complete certain tasks. Similar to the FIRST Lego League program, this mini summer session will give them a taste of what Robotics is all about.

JR, SR	5 half days	MIN: 6 MAX: 8
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Sculpture

This week is all about imagination and creativity. Campers will see what sculptures they can create using a variety of art mediums. Materials used for the sculptures will range from papier mache to recycled objects, to environmental materials. The possibilities are endless when campers use their imaginations!

RK, JR, SR	5 half days	MIN: 5 MAX: 10
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Sewing

This week will be more than learning to sew on a button! Rookie campers will be introduced to the sewing machine while working to develop their hand sewing techniques. Juniors and Seniors will use the sewing machine as well as continue to practice their hand sewing techniques to create a masterpiece. All materials will be provided by Camp Shaker, but participants are also welcome to bring any materials they may have.

RK, JR, SR	5 half days	MIN: 6 MAX: 8
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Soccer

Campers will learn and reinforce crucial soccer skills and strategy in a nurturing and supportive environment. Experienced soccer players, coaches, and educators will lead players through a series of fun skill-building activities designed to improve overall play. Players will also learn important fitness facts to help them stay healthy and fit. Using a combination of drills, skill games, and scrimmages, campers will improve their play for the fall season. All soccer campers must bring two water bottles, sunscreen, shin guards, soccer socks, sneakers or cleats, and a soccer ball (size 4 Rookie and Junior; size 5 Senior).

RK, JR, SR	5 half days	MIN: 10	MAX: 30
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Woodworking

Campers are introduced to the basics in woodworking through wood turning. With an emphasis on safety, campers are instructed to plan, measure, cut, turn and finish their projects. They will also learn about different tools and methods to accomplish the general tasks in a wood shop as well as wood types and how their choices can impact the environment. Projects typically include key chains, tops, mini baseball bats, and artistic turnings.

RK, JR, SR	5 half days	MIN: 5	MAX: 8
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MULTI-WEEK PROGRAMS

INJazz

For the past ten years, the INJazz Summer Workshop has provided young musicians with an opportunity to explore jazz music in an innovative, hands-on learning environment. Experienced teachers and small class sizes allow students to reach new levels of musicianship and creativity. Instruments available for instruction include saxophone, clarinet, trumpet, trombone, piano, guitar, bass, and drums. Students will be assigned to small ensembles based on availability, experience, and skill level. All students will participate in the Big Band. In addition, classes will be offered in Theory and Ear Training, Composition, and Improvisation. Campers attending INJazz overnight program (Monday-Friday) enjoy movie nights, open mike performances, jam sessions, faculty concerts, and swimming. Students will perform for their parents and Camp Shaker at the end of the two week session.

SR	5 full days, overnight	MIN: 10	MAX: 20
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